



CANASSIST AFRICAN RELIEF TRUST

Annual Report - 2015

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This report of CanAssist activities in 2015 was compiled by John A Geddes, CanAssist Trustee and Director of Operations for CanAssist - March 2016.



Governance

The CanAssist African Relief Trust (CAART) was registered as a Canadian charity in April 2008. Our Charitable number is 3251 8211 RR0001.

Trustees for 2015 were:

John Geddes

Evelyn Bowering

Michael Dent

Judith Adam

Susan Potvin

In addition to our formally appointed trustees, we had help from many folks both in Canada and in Kenya. We rely on the generosity both for time and money from our Canadian supporters, and we also are totally dependent on honest cooperation and energy from our several East African community associates.

Our mission is to assist impoverished communities primarily, but not exclusively, in East Africa with small, sustainable capital projects related to health, education, water and sanitation. CanAssist wishes to improve the quality of life and health and to raise the standard of living in those communities.



Contact Us

The CanAssist trustees are always happy to receive feedback, suggestions, and financial support for the work we do in East Africa. You can contact us at:

CanAssist African Relief Trust,

P.O. Box 1385, Kingston, Ontario, Canada. K7L5C6

Email address — info@canassistafrica.ca

Follow us on our website or social media links:

Web site — <http://canassistafrica.ca>

Twitter — @canassistafrica

Facebook group page — CanAssist African Relief Trust



CanAssist projects in 2015

St Catherine School, Siaya District, Kenya

CanAssist constructed three new classrooms, and installed a latrine and water-tank early in 2015. Later in the year we provided funding for classroom furnishings.

Hope School, Mbita, Kenya

In addition to helping the school with legal work to secure a deed for the school property, CanAssist has funded construction of desks and chairs for this school in Mbita, Kenya.

SP Geddes ECDC, Osiri Village, Kenya

CanAssist has helped to expand the school property and to construct two new ferro-cement classrooms at this school in Osiri Village in Kenya. In addition, CanAssist friends, Gabriella Zamojski and Marcia O'Brien initiated a weekly feeding program for the school.



Kaswanga School, Rusinga Island, Kenya

CanAssist has provided two, 10,000 litre water tanks for this Girls Secondary School on Rusinga Island, Kenya.

Adam Nkuyan School, Rift Valley, Kenya

With specific help from the Grey Gates Foundation in British Columbia, CanAssist has provided improved Teachers' accommodation at this remote school in the Kenya.

Hope for Youth School, Mukono, Uganda

Over several months in 2015, CanAssist has funded construction of a large Teachers' Accommodation building at this school in Uganda. Funding for this project has come from a charity dinner held in Nanaimo in February 2015 and from donations from the Greene Family Education Initiative in Vancouver B.C.



Kamin Oningo fishing community, Kenya

New shower/washroom facilities were constructed at this Kenyan fishing village on the shores of Lake Victoria.

Buzagazi School, Uganda

With specific help from the Elementary Teachers' Federation of Ontario, CanAssist constructed two new classrooms at this school in Uganda.



Kadok School, Uganda

CanAssist constructed latrines at this small secondary school in rural Uganda.

Kabuhinzi School, Ukerewe Island, Tanzania

Two classrooms were constructed in early 2015 at this small Tanzanian community in Ukerewe Island in Lake Victoria

Kanyala Little Stars, Rusinga Island, Kenya

CanAssist continued to fund improvements to classrooms at the Kanyala Little Stars school on Rusinga Island.

Ndori community, Kenya

CanAssist funded installation of water tanks and latrines at three schools in Siaya District of Kenya, Wambua Elementary School, Obwaya Primary School, and Nyalunya Secondary School

Ramula Secondary School, Kenya

Two water storage tanks were installed at the Ramula Secondary School in Siaya, Kenya.



Olimai Clinic, Uganda

CanAssist funded installation of latrines at the Olimai Health Centre in rural Uganda.

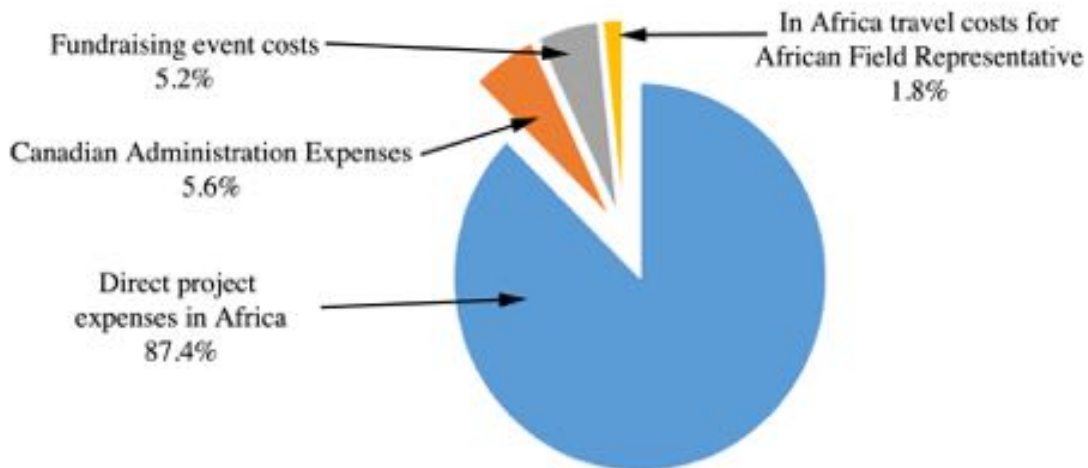
2015 Financial Summary

The financial summary of CanAssist African Relief Trust (and any other Canadian Registered Charity) may be found on CRA's website.

The financial books of CanAssist are prepared by Michael Dent, (treasurer and trustee) and unaudited financial statements for 2015 were produced by Collins Barrow, Chartered Accountants and are available on our website.

2015 Revenue and other income	\$ 181,122
2015 Total Expenditures	\$ 137,422
Expenses directly related to Projects in Africa	\$ 120,016
2015 Admin Expenditures, not including Project Funding	\$ 7,787
2015 Expenditures related to fundraising events	\$ 7,252
2015 Travel expenses for our African Field Representative, Daniel Otieno to visit projects	\$ 2,367
2015 Excess revenue over expenditures	\$ 43,700

CAART expenditures for 2015



We keep our Canadian administration expenses as low as possible. There are unavoidable expenses including accountant fees, liability insurance, postage, internet, phone, bank service fees). We pay no Canadian salaries and all Canadian supporters travel at their own expense.

Any expenses to implement our projects in Africa are necessary to ensure successful completion and are paid to Africans.

When we have fundraising events, like our CanEscape wine event in June 2015, there are expenditures that are included in our Fundraising Events costs. Fundraising events both help us to acquire income directly but also are necessary to promote what we do and expand our donor base.

Our African Field Representative, Daniel Otieno, is essential to the work we do throughout East Africa. In addition to handling transfer of money from Canada to our African associate communities, Dan handles questions and concerns from our partners, evaluates progress of our projects and has made visits to most of the communities where we worked in 2015 in Kenya and Uganda. His responsible dedication to CanAssist work is appreciated and we commend and thank him for the work he does on our behalf.

We are always happy to provide contact information to anyone traveling in Kenya, Uganda or Tanzania who may want to visit our community associates. They are also always eager for a visit. This makes a more personal connection with our associate communities rather than just sending funds and also allows us to have some on-the-ground assessment and report on progress and future needs.

In addition to our many private supporters, we received generous support in 2015 from the following organizations/groups.

- The Sasamat Foundation, Vancouver, B.C. Canada
- The Ontario Teachers' Federation
- Elementary Teachers' Federation of Ontario
- English Catholic Teachers' Association of Ontario
- Mackenzie Financial Corporation
- RBC Global Assessment Management
- Bridgehouse Asset Managers
- Greygates Foundation, Vancouver B. C. Canada
- Greene Foundation, Vancouver
- Kingston Community Foundation
- Students at Glenburnie Elementary School
- Peak Group, Montreal Quebec
- Anglican Church Women (ACW) Diocese of Ontario

Fundraising Activities in 2015

We rely on the generosity of our donors to continue the work that we do. In 2015 we also had some fundraising events to help fund some of our programming. We thank our supporters who worked hard to organize these events - Deb Morin (Kingston), Kirsty McIlwaine (Nanaimo) Jennifer Leslie (Nanaimo), King's Town Players (Kingston) Anne Marie Van Raay and Dave Vesnaver (Kingston). Of course, these folks didn't work alone and we appreciate the energy and support of their respective committees and co-workers.

KINGSTON ROAD RUNNERS ASSOCIATION **36th ANNUAL RESOLUTION RUN**



In support of the **CanAssist African Relief Trust**

RUNNERS' CHOICE










Heather Haynes Gallery

Sunday January 3rd, 2016
Cataqui Arena, Kingston Ontario
 It's the first Kingston running race of the year...
 Participate in an 8K Road Race at an exciting new location in the north-west of the city, on Sunnyside Drive off Hwy 401 at Sydenham. Race Director: Deb Morin.
 info: krra.org/events/krra-resolution-run deb.morin@queensu.ca



Find us on Facebook



Hope for Youth



UGANDA




FUNDRAISER DINNER at VIU - Arbutus Room

February 6, 2015: 6pm Tickets \$110 (\$80 tax receipt)

Like most of sub sahara Africa, Uganda was hit by the Aids epidemic leaving many grandmothers to raise the children. Hope for Youth, a grassroots NGO, works to bridge this gap with nutrition, education, and health support. They currently operate a primary school and food program for children that cannot afford to attend the government school. Supporting the guardians and teenagers is also vital. Hope for Youth has championed a number of initiatives such as developing a clean water supply, classroom construction and sustainable farming. Over the last 5 years, the generosity of our community has helped progress HFYU toward greater self sufficiency but there is always more to do..... This year we hope to build teacher's accommodation and sponsor students going to high school.

Please join us in helping with this worthwhile project!




For ticket information contact :

Jennifer Leslie 250-390-2885
j.leslie@shaw.ca

Kirsty McIlwaine 250-390-0049
monlygone@gmail.com

BUY ONE TICKET, OR CONSIDER GETTING A TABLE TOGETHER FOR 8 FRIENDS!



Hope for Youth-Uganda (HFYU) is an infant registered Non-profit Organization # S 8914 5415, providing in and out-of-school educational programs for vulnerable children and youth whose families have been devastated by poverty and HIV/AIDS. The CanAssist African Relief Trust is a registered Canadian Charity, # 83251 8211 RR0001. Their goal is to assist impoverished communities by providing funding for small, sustainable, capital projects related to Health, Education, Water and Sanitation so as to improve the quality of life and health and raise the standard of living. They have partnered with HFYU.

KING'S TOWN PLAYERS



A MIDSUMMER NIGHT'S DREAM
by William Shakespeare

Please join us on Tuesday May 12, 2015 for a special King's Town Players benefit performance of A Midsummer Night's Dream, a fundraiser to benefit The CanAssist African Relief Trust


Rotunda Theatre, Queen's University. - 8 pm
 Tickets \$20
 For reservations - dream@canassistafrica.ca or 613-384-7318

DIRECTED BY STEVEN SPENCER

Escape with us for an evening of wine and food pairing!

CanEscape
 June 19, 2015
 Fort Henry - Kingston (Advanced Battery)

In support of
The CanAssist African Relief Trust
 Tickets \$55 (\$25 tax receipt)
 Doors open at 6 pm
 Book your wine and food pairing for 7 or 8:30
canescape@canassistafrica.ca - 613-544-0469
 Includes a silent auction for great "escape" items



Challenges

CanAssist receives requests for funding from African schools, clinics and communities every week. The need is endless. Our capacity to fill that need is limited by both our financial and organizational resources. The falling Canadian dollar on the international market has also made the infrastructure work that we do more expensive to manage.

We have a number of established community associate groups who have demonstrated their capacity to carry out our work responsibly and efficiently. They all have a list of needs or wants and we have leaned toward supporting this scattered group of associates preferentially since we have a successful track record in dealing with them. We do entertain requests from new communities but our list of upcoming projects is long and will take both money and energy to complete.

We ended 2015 with a surplus, a relief after years of scrambling to fund the work that we promise. We are glad that we have some reserve funds to allow us to move ahead with the list of projects that we would like to tackle over the next few months. Of course, we want to keep that reserve somewhat intact as well so we are not thwarted by lack of funds when we have a worthy project to support.

We have taken care to be sure that all of our projects are completed according to our agreements and standards. Our African Field Representative, Dan Otieno, has been more involved with follow-up and surveillance over the past year and has been given more authority and responsibility. We feel a duty to ensure that our donors' gifts are properly spent and that the communities who receive help are both aware of this generosity and encouraged to look after the infrastructure we have provided. Our policy is that we will stop interacting with communities or groups where we have not been able to have reliable cooperation or reporting.

CANASSIST AFRICAN RELIEF TRUST



CANASSIST SUPPORTERS AT THE JANUARY RESOLUTION RUN AND SEPTEMBER MYSTERY WALK IN KINGSTON. WATCH OUR WEBSITE FOR UPCOMING EVENTS.

Looking forward to a productive 2015

We wish to thank all our friends who donated CanAssist in 2014. Your trust in the work that we do and your financial support is integral to any success we have in our attempts to improve well-being for hundreds of East Africans who benefit from the improved sanitation, water, clinic facilities or education opportunities we fund.

We have ended a busy year and have many projects in Kenya, Tanzania and Uganda that are either in progress or planned for 2015.

We have just sent money to Tanzania to start the Kabuhinze Classroom project and to Kenya to continue the water and sanitation projects we started at several schools in 2014.

Trustee John Geddes will be traveling to Kenya (at no expense to CanAssist donors) in mid-January and while in Nyanza province will visit about 15 CanAssist projects, past, in progress and planned. Stay tuned for his updates in the spring.

Best wishes to all our CanAssist friends for 2015. And thanks again.



CANASSIST CLASSROOMS AT KANYALA LITTLE STARS ACADEMY, MBITA KENYA.



CANASSIST-FUNDED LATRINES AT THE WAMBUSA PRIMARY SCHOOL, KENYA.



WATER TANK INSTALLED BY CANASSIST AT THE KAYENJE SCHOOL IN UGANDA.

CANASSIST AFRICAN RELIEF TRUST



MANY, MANY STUDENTS HAVE BENEFITED FROM THE GENEROSITY OF CANADIAN DONORS IMPROVING WATER AND SANITATION AT SCHOOLS.

CanAssist improves water and sanitation in East Africa

Throughout July 2014 we had our Annual Canada Day Challenge. Thanks to a matching donation from the Sasamat Foundation in Vancouver, we were able to raise over \$35000 that we have since disbursed to provide water and sanitation facilities at several schools and clinics.

The improvements we have funded will have impacted the lives of literally thousands of children and adults in Kenya and Uganda.

The need is ever-present. How can young children learn about the importance of sanitation, hand washing and drinking clean water when their schools have inadequate latrines and get drinking water from muddy ponds?

Water and sanitation initiatives will remain a priority for several of our projects in 2015-16.

Communities have responded with appreciative notes of thanks.

"From the bottom of our hearts, we are grateful for what you have done for our school. I don't know the nice words to use but THANK YOU VERY, VERY MUCH."

Wilson Wabalenda, Kayenje School.

"I want to thank CanAssist for their invaluable support towards safe water resources for drinking and hygienic use in our school that has enabled our girls to take their rightful place in the classroom."

Jane Obel, Kaswanga school



A STUDENT AT KAYENJE SCHOOL LABELS A CANASSIST WATER TANK



TWO NEW WATER TANKS BEING DELIVERED TO THE KYABAZAALA SCHOOL IN RURAL UGANDA.



ONE OF TWO WATER TANKS AT A VOCATIONAL SCHOOL IN UGANDA.

CANASSIST AFRICAN RELIEF TRUST



**DOUBLE YOUR MONEY
DONATIONS CAN BE MADE
THROUGH JULY - ONLINE**
WWW.CANASSISTAFRICA.CA

**OR BY CHECK TO:
PO BOX 1385,
KINGSTON, ONTARIO.
K7L5C6**

Sasamat steps up once again to double your money

For the past three years, the Sasamat Foundation of Vancouver, British Columbia has spurred CanAssist supporters to donate to our July Canada Day Challenge. Once again Sasamat is offering you the opportunity to double your donation dollar by matching all July donations to CanAssist up to a total of \$20,000. If we can achieve this goal, we can do a lot to help schools in East Africa.

With this money, we will fund projects at four different schools - a preschool education centre, an elementary school, a secondary school and a vocational institute. This will benefit learners from the age of 4 to 24 in both Kenya and Uganda.

We started this Canada Day challenge, realizing that we take for granted the wealth we have as a

country. Other folks are not as fortunate. We can help.

What better way (and what a great Canadian way) to celebrate Canada's birthday than by sharing some of our good fortune with others who lack security, educational opportunities and adequate access to health facilities.

Happy Canada Day 2015.
Please celebrate with us.



CANASSIST HAS HELPED THE TA CRUSADE VOCATIONAL SCHOOL WITH CLEAN WATER ACCESS.



THE CANADIAN FLAG FLIES PROUDLY IN THE SCHOOLYARD OF THE S.P. GEDDES EARLY CHILDHOOD CENTRE IN KENYA.

We appreciate your ongoing support of the work that we are doing in East Africa.

Asante sana.

CANASSIST AFRICAN RELIEF TRUST



(ABOVE) NEW CANASSIST-FUNDED TEACHERS' ACCOMMODATION AND HEALTH ROOM AT HOPE FOR YOUTH SCHOOL NEAR MUKONO UGANDA.

CHECK OUT OUR WEB PAGE WWW.CANASSISTAFRICA.CA

OR JOIN OUR CANASSIST AFRICAN RELIEF TRUST FACEBOOK GROUP PAGE.

Lazy summer days were not so lazy for CanAssist

Thank you to all who contributed to our 2015 July Challenge. We are delighted to report that we received an incredible \$21,643 in donations in July. As promised, \$20,000 will be generously matched by the Sasamat Foundation from Vancouver, British Columbia.

Donors included many individuals, kids from Glenburnie School, folks

remembering our late friend and supporter Peter Faris, the Greene Family Education Initiative Fund held at the Vancouver Foundation, and kids at a Kingston buskers camp.

Projects underway this month in Kenya and Uganda include teachers' accommodation at Hope 4 Youth School, two classrooms at Busagazi School, latrines at the

Kadok Secondary School, 100 desks and 200 chairs at the Hope School in Mbita, Kenya, a water tank and latrine at Ojwaya school in Kenya, washrooms at the Kamin Oningo Beach community and latrines at the Olimai Health Centre. Your generosity has made this possible.

Heartfelt thanks to our supporters.



WORKMEN PREPARE THE BASE OF TWO NEW CLASSROOMS AT THE BUSAGAZI SCHOOL IN UGANDA



CHILDREN AT HOPE SCHOOL IN MBITA, KENYA CELEBRATE CANADA DAY IN FRONT OF THEIR CANASSIST CLASSROOM.

We appreciate your ongoing support of the work that we are doing in East Africa.

Asante sana.

CANASSIST AFRICAN RELIEF TRUST



WORKMEN IN OLIMAI, UGANDA ARE EMPLOYED TO CONSTRUCT CANASSIST LATRINES AT THE LOCAL CLINIC. CONSTRUCTION MATERIALS ARE PURCHASED LOCALLY AS WELL.

FOR MORE INFORMATION CHECK OUT OUR WEB PAGE WWW.CANASSISTAFRICA.CA

OR JOIN OUR CANASSIST AFRICAN RELIEF TRUST FACEBOOK GROUP PAGE.

CanAssist aiding local economy in rural Africa

When CanAssist builds a classroom or a latrine, or constructs school furnishings in Africa, the project purchases the materials locally and employs local labor. So, in addition to providing the designated infrastructure to the community, we are helping boost the local economy.

Amuge Akol is one of our associates in Olimai, Uganda where we are currently constructing two latrines at

a clinic where previously the toilets were falling apart and full. She recently reported that, in addition to improving the sanitation for staff and patients, the project has given several people work. *"The project has provided 3 months employment to 12 people who otherwise would probably not send their kids to school this term or have no income for their families."*

The total cost to accomplish this, to CanAssist donors, by the way has been a meagre \$6000.

We are proud of the work we do in Africa and how it helps our friends there in several ways.

We thank our donors, on behalf of these African villages, for their ongoing support.



CONSTRUCTING NEW WASHING ROOMS AT THE KAMIN ONINGO FISHING BEACH IN KENYA.



CONSTRUCTION OF CANASSIST-FUNDED SCHOOL CLASSROOMS AT A RURAL UGANDAN COMMUNITY.



WORKERS BUILDING TEACHERS' ACCOMMODATION WITH CANASSIST FUNDING AT THE HOPE FOR YOUTH SCHOOL.