



CANASSIST AFRICAN RELIEF TRUST

Annual Report - 2014

CanAssist African Relief Trust Report on 2014 Activities

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Peter Nsubuga and the first graduating class from Hope for Youth School

Governance

The CanAssist African Relief Trust (CAART) was registered as a Canadian charity in April 2008. Our Charitable number is 3251 8211 RR0001.

Trustees for 2014 were:

John Geddes — Director of Operations

Evelyn Bowering — Operations Deputy

Michael Dent — Treasurer and Finance

Judith Adam — Deputy Finance

Marie Richardson — Chairperson and Governance

In addition to our formally appointed trustees, we had help from many folks both in Canada and in Kenya. We rely on the generosity both for time and money from our Canadian supporters, and we also are totally dependent on honest cooperation and energy from our several East African community associates.

Our task is to assist impoverished communities primarily, but not exclusively, in East Africa with small, sustainable capital projects related to health, education, water and sanitation. CanAssist wishes to improve the quality of life and health and to raise the standard of living in those communities.



Contact Us

The CanAssist trustees are always happy to receive feedback, suggestions, and financial support for the work we do in East Africa.

You can contact us at:

CanAssist African Relief Trust,

P.O. Box 1385, Kingston, Ontario, Canada. K7L5C6

Email address — info@canassistafrica.ca

Follow us on our website or social media links:

Web site — <http://canassistafrica.ca>

Twitter — @canassistafrica

Facebook group page — CanAssist African Relief Trust



Students at the Cayenne school in front of their CanAssist water tank

CanAssist initiated the following projects in 2014:



Desks at Kamser School

- Water tank and desks for Kamser Primary and Secondary Schools (Kenya)
- Computer classroom and four computers at the St. Gorety School (Kenya)
- Two permanent classrooms at the Kanyala Little Stars School (Kenya)
- Permanent Classroom at the Oltaraja Primary School (Kenya)
- Latrines at the Murera Primary School (Kenya)

- Water tanks at Bansi and GodKwach Schools (Kenya)
- Water tanks at Wambosa Primary and Nyalunya Secondary Schools (Kenya)



New latrine at the Wambosa School



The Jim Owen Computer classroom
at St. Gorety Secondary School

- Water tank and latrines at Obaluanda School and Kuwuor schools (Kenya)
- Water tanks at Ramula and Kiembe Elementary Schools (Kenya)

- Girls' dormitory begun at the Peace Matunda School (Tanzania)
- Permanent classroom at the Kabuhinze School (Ukerewe Island)
- Improvements at the Pamola Café (Pamoja Tunaweza women's group) (Tanzania)
- Two water tanks at the Kyabazaala Elementary School (Uganda)
- Three water tanks at the Olocoi Clinic (Uganda)
- Water tank at the Kayenje School (Uganda)



A new classroom for a new school at Kabuhinzi on Ukerewe Island, Tanzania

In addition to our many private supporters, we also received generous support in 2014 from the following organizations/groups:

- The Sasamat Foundation, Vancouver, B.C. Canada
- The Ontario Teachers' Federation
- Elementary Teachers' Federation of Ontario
- Ontario English Catholic Teachers' Association
- Mackenzie Financial Corporation
- RBC Global Assessment Management
- Bridgehouse Asset Managers
- Greygates Foundation, Vancouver B. C. Canada
- Perth Road United Church
- Mayer Institute, Hamilton Ontario
- Peak Group, Montreal Quebec
- Anglican Church Women (ACW) Diocese of Ontario
- Friends and family of the late S.P. Geddes



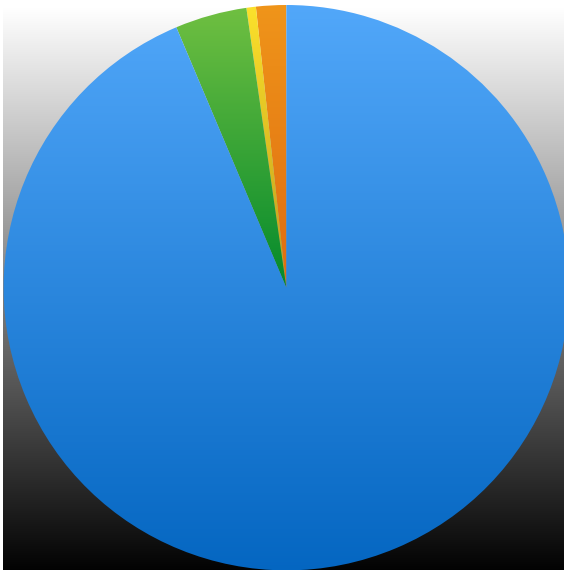
2014 Financial Summary

The financial summary of CanAssist African Relief Trust (and any other Canadian Registered Charity) may be found on CRA's website.

The financial books of CanAssist are prepared by Michael Dent, (treasurer and trustee) and unaudited financial statements for 2014 were produced by Collins Barrow, Chartered Accountants and are available on our website.

At the end of 2013 CAART cash and equivalents	\$ 103,061
At the end of 2014 CAART cash and equivalents	\$ 96,741
2014 Revenue and other income	\$ 136,151
Expenses directly related to Projects in Africa	\$ 133,219
2014 Expenditures, not including Project Funding	\$ 9,252

- Direct project expenses
- Canadian administration expenses
- African administration expenses
- Fundraising



We attempt to keep our administration expenses as low as possible. We have unavoidable expenses, including accountant fees, liability insurance, postage, internet, phone, and bank service fees.

We pay no Canadian salaries, and all Canadian supporters travel at their own expense.

Expenses to implement our projects in Africa are ensure successful completion and are paid to Africans.

Our Challenges

There are many challenges in doing charitable work in Africa. It is not like doing business in Canada. There is endless need and we are constantly being petitioned for help. Our resources, both in terms of manpower and money, are limited so we end up turning down many applicants.

In the last 18 months, the Canadian dollar has decreased in value by about 15%. This makes doing business internationally more expensive in all ways. Our donors contribute Canadian dollars but we must deal in East African currency, sometimes being forced to make bank transfers in American dollars. Our supporters have remained generous but we are faced with having to reduce the services we can provide unless our revenues increase. Bank charges and high exchange rates remain one of our largest single expenses as we transfer money to East Africa for project activity.

Corruption is a problem in East Africa and although it tends to be worse at the top of the societal structure, we have uncovered some attempts at duplicity in the dealings we have had with a couple of our project associates. This has certainly been the exception rather than the rule and most of our associates are community-minded and responsible. No one working in the developing world is exempt from attempts at deception and fraud. In order to ensure that our donors' gifts are appropriately spent, we have increased our diligence in order to avoid fraud or misspending of our funds. We will be diligent about investigating new prospective partners, improving on community transparency and dealing more frequently with associates we have found to be trustworthy in the past. This may slightly increase our project implementation expenses but we know that this cost will save potential losses in the long run.

There are many Canadian charitable groups working to help African communities and we encourage our supporters to explore and compare these organizations. We hope that we can compete favourably with other registered charities and keep the loyalty and support of our donors. We pledge to act with diligence and care to be sure that the intent of your donations – to benefit men, women and children in East Africa – is realized.

Daniel Otieno: Our Field Representative in East Africa



The work that we do in East Africa has grown substantially. In Canada, much of our energy is put into fundraising and finding sources of funding for the projects we would like to support. But responsible implementation is also a priority.

We have been fortunate to be able to engage Daniel Otieno as an African Field Representative. Dan communicates regularly with our African associates at all phases of project development and implementation. He often visits sites prior to our starting a project and will be crucial in our attempts to improve transparency. He will meet with teachers, students, hospital personnel, community leaders to investigate new projects, follow up on projects in process and review financial

reports. Dan is a CPA (Kenya) holder, and is currently in his final university year. He has known us since we started and is very familiar with our objectives and ways of operating.

Dan's stipend is an essential part of our implementation costs in Africa. We are happy to be able to provide part-time contract employment to a highly-qualified African, and his input has been crucial to our successes in the past year.

Thanks, Dan.

CanAssist supporters visit our projects in 2014

We pay no Canadian salaries, and CanAssist supporters who visit our African community projects do so at their own expense.

We are always happy to provide contact information to anyone traveling in Kenya, Uganda, or Tanzania who may want to visit our community associates. They are also always eager for a visit. This makes a more personal contact with the community than just sending funds and also allows us to have some on-the-ground assessment and report on progress and future needs.

Judith Adam spent time in Kenya in early 2014, visiting the Nkuyan Elementary School and Oltaraja School, both of which are in remote Maasai villages in the Rift Valley. In 2014, CanAssist built a classroom at the Oltaraja School and in 2015 will construct teachers' quarters and a classroom at Nkuyan.



Judith Adam visiting Oltaraja School



Ethan and Seth O'Brien at the Hope School

Marcia O'Brien, Marc Carriere and their family and Marcia's mom, Gabriella Zamojski, spent a semester touring in Kenya and Tanzania. They were delighted to visit several CanAssist project sites, including the SP Geddes school, Hope School, Kanyala Little Stars, Kamser School, and Peace Matunda. They have established an enduring connection with the SP Geddes School at Kamin Oningo and started a weekly lunch program for the school in early 2015.

Bill and Rae Ann Freeman were in Uganda in October/November and went to several CanAssist sites while they were there, including the Hope For Youth School, Olimai clinic, Olocoi clinic, and Kayenje School. They also met with prospective project associates for two groups, new to CanAssist.

Our friends Jenna Peltier and Stephanie Harris, Cathy Cleary, Elizabeth Good, and Karen Yeates also gave us reports from projects in Tanzania.



Rae Ann Freeman and Christine Stewart-Normans
at the Kayenje School (Uganda)



CanAssist African Field Representative, Dan Otieno visiting the Kamser School

Fundraising Activities in 2014

CanAssist's mandate is to provide infrastructure support. As such, we do not have a specific volunteering program in Africa. We simply do not have the resources to manage volunteer travel and work, and we are not in a position to take on the liability responsibility. Nevertheless, we will be happy to provide anyone traveling in East Africa with contact information for our many varied community schools, clinics, or groups if you would like to set up a visit to see what we are accomplishing and to add a genuine African experience to your expedition.

In spring of 2014 our Application Committee (Judith Adam, Erin Firlotte, David Firlotte, Bill Freeman, Rae Ann Freeman, John Geddes, and Daniel Otieno) reviewed 125 new applications for funding. From those the committee chose 23 varied projects in Kenya, Uganda, and Tanzania deemed appropriate for funding over the next 18-24 months. There were many other worthy applications but the committee was limited by the estimated funding it hoped to be available.

Fundraising events held in 2014 included:

Resolution Run — January 5, 2014

Theatre Night (King's Town Players) — March 11, 2014

Golf Tournament (Camden Braes Golf Course) — June 8, 2014

Mystery Walk (downtown Kingston) — late September 2014



Drs Ruth Wilson and Ian Casson after completing the 2014 Resolution Run

We  **CanAssist** you to help others

In 2015, we will repeat the Resolution Run in January, a theatre night in May, the Mystery Walk in September and we will add a wine-tasting evening at Fort Henry in June.



Paul Cox adds some historical colour to the September Mystery Walk on Wolfe Island.



The cast of King's Town Players "I love you, you're perfect, now change" – a CanAssist theatre night



Participants in the 2014 Mystery Walk on the Wolfe Island Ferry



Lera and Nathan Horsfall brought money they had saved all year to the 2014 Resolution Run.

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THE WATER TANKS SHOWN ON THIS PAGE ARE JUST SOME OF THE PROJECTS FUNDED BY CANASSIST FROM THE JULY CHALLENGE CAMPAIGN.

Oh, my goodness!

ASANTE SANA!

Our field representative in Kenya, Dan Otieno, has a favourite phrase when he is surprised or pleased. With incredulity he will murmur "Oh, my goodness."

In July, CanAssist launched a campaign to raise money for some of the water and sanitation projects that we intend to fund in the upcoming several months.

Through generous gifts from individuals and groups, we got \$18,852.65 in donations to water projects in July. As

promised, all of these were matched by Sasamat and another donor. This brought the total July water and sanitation donations to \$37,705.30. Oh, my goodness!

All of this money will be used for water and sanitation projects at a Uganda hospital and several schools in Kenya and Uganda. Literally thousands of people will benefit from having new access to clean water. The impact of

these improvements will be incredible. CanAssist thanks all who contributed, including many individuals, the Mayer Institute, Peak Group, and the Anglican Church Women, Ontario Diocese.

We have already started to disburse this money to East African communities. We will share regular updates on our website canassistafrica.ca and Facebook page (CanAssist African Relief Trust)



UNLOADING NEW WATER TANK - KASWANGA VILLAGE, KENYA



INSTALLING A NEW WATER TANK AT KAMSER SCHOOL (KENYA)



AT THE KAYENJE SCHOOL IN UGANDA BY THE NEW WATER TANK

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CANASSIST-FUNDED LATRINES AND HAND WASHING STATION AT THE TWIGA SCHOOL, RURURU, KENYA

Doing what we can to improve school water and sanitation.

CanAssist supports infrastructure projects in East African communities and one of the most significant impacts we have had is in improving water and sanitation resources for schools, hospitals, and villages.

In the last year CanAssist has provided rainwater catchment and storage at the Olimai Clinic, Olocoi

clinic, T.A. Crusade Vocational School, Kyabazaala Elementary School, Kamser Elementary School, Obaluanda Primary School, Kayenje Public School, and Nyandema Secondary School. We have built latrines at the Twiga School, Hope School, Obaluanda School, and in Nyatike and Osiri villages.

The objective of these projects is to lessen the prevalence of gastrointestinal diseases. Our partners report success in this regard. Literally thousands have benefited from these projects.

CanAssist will continue to initiate new water and sanitation projects in Kenya, Uganda, and Tanzania.



LATRINE AT THE WAMBOSA SCHOOL (KENYA)



KAYENJE SCHOOL, (UGANDA)



TWO OF FOUR RAINWATER TANKS INSTALLED AT OLIMAI CLINIC, UGANDA



We can assist.

We can assist Africans to lead more healthy, educated, and productive lives but we can also assist you by being your advocate and intermediary so you can participate.

