

2022 Annual Report





The CanAssist Team

Trustees:

Mike Dent
Ray Vos
Nancy Grew
Robert Drouin
Elizabeth Good
Marina Pinder

Field Representative:

Daniel Otieno

Grant Writing:

Molly Shannon
Lorna Harris

Contact Us:

CanAssist African Relief Trust

P.O. Box 1385, Kingston, Ontario, Canada K7L 5C6

Email: info@canassistafrica.ca

Follow Us:

Website: <http://www.canassistafrica.ca>

Twitter: [@canassistafrica](https://twitter.com/canassistafrica)

Facebook Group Page: CanAssist African Relief Trust

The CanAssist African Relief Trust (CAART) has been a registered Canadian charity since April 2008

Our charitable number is 8325 18211 RR0001



CanAssist is a Canadian charity funding infrastructure development in East Africa



Health Care

CanAssist provides funding for health-related infrastructure projects that support hospitals and clinics and improve the quality of basic health care. Examples include providing hospital beds and water tanks, and funding building enhancements such as solar panels and security fencing



Water Sanitation

As basic human rights (United Nations 2010), clean water and sanitation are essential for preventing illness and death, and improving health, social and economic conditions. CanAssist supports access to clean water by working with communities to install bore holes and water catchment tanks, and has initiated irrigation systems needed to grow food. CanAssist supports sanitation by helping build latrines and other facilities, particularly in schools.



Education

A right under the Universal Declaration of Human Rights, and a social determinate of health, education is a key focus area for CanAssist funding through infrastructure projects. CanAssist has supported the building of classrooms, schools, support structures, teacher accommodations and sports and has provided books, other basic school supplies, and furniture.

2022 Funded Projects

Kenyan Projects

Project Number	Project Location	Infrastructure Funded
K2200	Ming'Awo Primary School	4 Door Pit Latrine
K2210	Ramula Primary School	50 Student Desks
K2220	S.P. Geddes School	Roof Repair
K2230	Twende COVID Relief	Purchase of Supplies
K2240	Ramula Secondary School	School Stove
K2250	Nyalunya Secondary School	School Stove
K2260	Kenya Help	Water Tower
K2270	Muungano Development Gateways	Water Spring with chlorine dispenser
K2280	Mando/Nkuyan Adam School	50,000-Litre Water Tank
K2290	Muunga Development Gateways	4-Door Pit Latrine
K2291	Jubilant Kids Foundation	Primary Classroom
K2292	S.P. Geddes School	Floor repairs and water tank
K2293	Nyangulu Secondary School	Water tank
K2294	Nyangulu Primary School	10,000-litre water tank
K2295	Nyalunya Primary School & Ruska Baraka School	Textbooks/Handwashing Station
K2296	Kenya Help	Security gate and guard house
K2297	Jubilant Kids Foundation	45 Desks
K2298	Nyalunya Primary School	4 Door Pit Latrine
K2299	Ramula Primary School	6 Door pit latrine
K22991	Muugano Development Gateways; Got Osimbo Dispensary	4-Door Pit Latrine
K22992	Kinatco Community Centre	Building Repair
K22993	Mango/Nkuyan Adam School	Kitchen/Stove/Handwashing Station

Uganda Projects

Project Number	Project Location	Infrastructure Funded
U2200	Holy Innocents	Six Stance Latrine
U2210	EACO, Kawuku Community	Well
U2220	Olimai Health Centre	2 School Latrines
U2230	EACO Busenya Community	Borehole
U2240	Great Challenge School	Classrooms
U2260	EACO – Mbale Community School	Well
U2270	Pallisa Children's Concern Project	Water Catchment
U2280	Crane's Junior Primary School	Well & Pump
U2290	Hope for Youth School	12 Computers
U2291	Nakiwaate Primary School	Power Grip, desks and computer

Tanzanian Projects

Project Number	Project Location	Infrastructure Funded
T2200/T2200B	Lake Victoria Children's Organization	Maternity Unit



Financial Report



The CanAssist African Relief Trust

As of December 31, 2022

Statement of Financial Position for the year ended December 31

	2022	2021
Assets		
Current		
Cash and bank(s)	76,236	124,673
HST recoverable	383	362
Inventories (African handicrafts)	0	150
Prepaid expenses (part insurance)	1,262	1,262
	77,881	126,447
Liabilities and Net Assets		
Current		
Accounts payable (accountants)	2,153	2,151
Net Assets		
Unrestricted net assets	75,728	124,296
	77,881	126,447
Changes in Net Assets		
Net assets, beginning of year	75,728	124,296
Excess of Revenue vs Expenditures	(48,568)	38,862
Net assets, end of year	\$75,728	\$124,296



The CanAssist African Relief Trust

As at December 31, 2022

Statement of operations – 2022 **for the year ended December 31**

	2022	2021
Revenue		
Donations	174,690	206,641
Expenditures		
Total	223,258	167,779
Projects funded * (includes local agent fees for management)	209,519	154,745
Administrative costs in Canada and Africa		
Bank charges * \$966 in Africa	1,366	1,192
Director's & Liability Insurance	1,118	1,118
Office and General	1,627	2,419
Accountant fees	2,374	2,312
Telephone and internet * \$1,255 in Africa	1,568	1,326
Travel and expenses * \$5,003 in Africa by Kenya agent	5,686	4,667
Total admin expenditures	13,739	13,034
Canadian admin expenses	6,515	6,533
Cdn admin costs/total expenditures	2.9%	3.9%
<u>Difference – Revenue less expenditures</u>	<u>(\$48,568)</u>	<u>\$38,862</u>

At the end of 2021 we were carrying more cash in the banks than usual, due to the year-end generosity of regular donors and a specific donation from a Foundation. In 2022 we used this nest-egg by boosting spending by over \$50k from the year before and this "overspending" is reflected in the bottom line. As a result we still have a positive cash balance.

Michael Dent
Treasurer

2022 CanAssist African Relief Trust Project Manager's Report

The year 2022 was a busy one for CanAssist. Through long established relationships and new collaborations we continue to make a measurable impact in East Africa. At the end of each calendar year I have the pleasure of summarizing the previous year's work. I am always amazed at what we have been able to accomplish. Furthermore, I take pride in knowing that 95 cents of your donation dollar goes directly to African communities. Your ongoing financial support means that we can continue to build schools, fund latrines and water catchment and provide essential support to medical clinics. Together, we CanAssist!

I am very pleased to share that last year we funded infrastructure projects in the amount of more than \$200,000. These include 3 new classrooms, 1 school kitchen, 3 fuel efficient wood burning stoves, 10 latrines, 6 water tanks and guttering, 4 borehole wells, 1 security gate, 7 handwash/hygiene stations, a rural maternity unit, and many classroom desks, textbooks, and computers. Clearly the proof of our impact can be found in these numbers.

I also had the good fortune to visit many of these projects in Kenya and Uganda during the winter of 2022. The projects were constructed well and were benefitting communities in multiple ways.



This support in the areas of education, water, health and hygiene have benefitted many women, children, families and extended communities. Not only do people benefit directly from a new school or a new well, for example, but by utilizing local labour and materials, CanAssist provides economic support as well. In essence, your money goes a long way to improving the lives of whole communities.

If you are interested in our work, there continues to be need for new water projects, new schools, medical clinic support and basic hygiene. We hope to continue to provide support, and through your kindness, we will be able to continue this work together.

Asante sana,
Nancy Grew



Kenyan Field Representative's Report

ASANTE SANA – It has been another year of success despite the tough economic times as the world is recovering from the covid Pandemic. Despite this, CanAssist has done even more projects thanks to your unending support. Needy communities have continued and will continue to benefit from your gift of financial support through CanAssist. This also means more economic support and benefit indirectly to local communities and businesses through the purchase of materials and payment towards unskilled and skilled labor towards our projects. Trustees and I have ensured that donors get value for their donations, while Can Assist achieves its objective and mission by doing what it takes for successful implementation of the projects. We learn everyday and despite the challenges we have done well. We continue to depend on you to enable us reach out and together we can. Facebook: CanAssist African Relief Trust Website: www.canassistafrica.ca Twitter: @CanAssistAfrica. March 2023 Signing of an MOU process and stakeholders engagement – (Ramula primary school Project K2299 Boys' Pit latrine project –septDec 2022 Daniel Oduor Otieno African Field representative. - Kenya CanAssist African Relief Trust -Kingston Canada.



Signing of an MOU process and stakeholders engagement – (Ramula primary school Project K2299 Boys' Pit latrine project –sept-Dec 2022

DanielOduorOtieno
African Field Representative - Kenya
CanAssist African Relief Trust - KingstonCanada

We Can Assist you to help others

In addition to our many private supporters in 2022, we are grateful for the support of the following Group or corporate donors and foundations. Please accept our sincere thanks and that of the many people in East Africa whose lives are somehow made somewhat better because of your generosity.



- ❖ Sasamat Foundation, Vancouver, British Columbia, Canada
- ❖ The Frank Family Foundation, Toronto, Ontario, Canada (donation)
- ❖ Retired Teachers of Ontario
- ❖ Greygates Foundation, Vancouver British Columbia
- ❖ Ontario English Catholic Teachers Association
- ❖ Elementary Teachers Federation of Ontario
- ❖ Ontario Teachers Federation
- ❖ Mackenzie Financial Corporation
- ❖ RBC Global Assessment Management
- ❖ Bridgehouse Asset Managers
- ❖ Perth Road United Church
- ❖ Religious Hospitallers of St. Joseph, Montreal, Quebec
- ❖ Mayer Institute, Hamilton, Ontario
- ❖ Bulmash-Siegel Foundation
- ❖ Peak Group, Montreal, Quebec
- ❖ Anglican Church Women (ACW) Diocese of Ontario
- ❖ The Greene Family Education Initiative, held at Vancouver Foundation
- ❖ BonParton by Nadaclair Language Technologies, a Canadian Software company

Our Founders Visit to Kenya

CanAssist founder, John Geddes, visits CanAssist Projects in Kenya in 2022

During my time as Director of the CanAssist African Relief Trust, one of my greatest pleasures was visiting project sites and meeting many East Africans, some of whom became good friends. Although I am no longer a CanAssist trustee, I had the privilege of returning to Kenya in September 2022 to catch up with many of them.



During my 2022 trip, I spent most of my time in Nyanza Province, near Kisumu, where CanAssist has several active and proposed project partners. Together with Daniel Otieno, CanAssist's field representative, I visited several schools, met with students and staff, and checked on completed projects while learning about upcoming needs. Dan also signed memorandum of agreement papers with school officials, and I had the honor of

bringing greetings from CanAssist trustees and many donors to students, teachers, and community members. I am delighted to report that CanAssist continues to be a responsible and helpful partner in many East African communities, providing funding and oversight for sustainable infrastructure projects while creating economic benefits for communities by hiring workers and buying materials locally.

One thing that sets CanAssist apart is that many of our trustees and supporters have traveled to East Africa at their own expense over the years to interact with CanAssist partner communities and witness CanAssist's accomplishments firsthand. The people who live there are thrilled to meet some of the Canadians who have been actively promoting and supporting CanAssist activities.



I am happy to report that since our humble beginnings in 2008, CanAssist is on the verge of reaching the two-million-dollar mark with many completed projects and no signs of slowing down. Supporters can be proud to have made a difference in the lives of many East Africans and look forward to continuing this work for years to come.

While I was in Kenya in September I blogged about some of my interactions. A couple of these stories can be found here:

<https://johnageddes.com/2022/10/05/adam-nkuyan-school-a-success-story/>

<https://johnageddes.com/2022/09/27/visit-to-a-rural-kenyan-elementary-school/>

Nancy's Visits to Kenya and Uganda

Kenya



Nancy meets Nyangulu Secondary School students.



The Principal and students at Ramula Primary School were pleased to receive a new cooking pot for their fuel-efficient wood burning stove.

Uganda



Visiting the new two classroom block at the Great Challenge School in Kampala.



Visiting Hope For Youth School. The new classrooms facilitate improved learning



The fencing project at the Bwindi Community Hospital continues to provide essential security. Uganda



Another borehole well provides clean, fresh water to hundreds of community members.

Elizabeth's Visit to Bulamba Project Tanzania



Visit to Bulama Maternity Centre on Ukerewe Island in Tanzania in October, a very welcomed addition to their community. The creation of this centre is saving lives by giving women in the area a safe place to give birth as well as providing pre and post natal care.